

## Habits of Mind

**Habits of Mind** are dispositions displayed by intelligent people in response to problems, dilemmas, and enigmas, the resolutions of which are not immediately apparent.

1. <b>Persisting:</b> <i>Stick to it!</i> Persevering in task through to completion; remaining focused.	2. <b>Managing Impulsivity:</b> <i>Take your Time!</i> Thinking before acting; remaining calm, thoughtful, and deliberative.
3. <b>Listening with understanding and empathy:</b> <i>Understand Others!</i> Devoting mental energy to another person's thoughts and ideas; holding in abeyance one's own thoughts in order to perceive another's point of view and emotions.	4. <b>Thinking Flexibly:</b> <i>Look at it Another Way!</i> Being able to change perspectives, generate alternatives, consider options.
5. <b>Thinking about your Thinking (Metacognition):</b> <i>Know your knowing!</i> Being aware of one's own thoughts, strategies, feelings and actions and their effects on others.	6. <b>Striving for accuracy and precision:</b> <i>Check it again!</i> A desire for exactness, fidelity and craftsmanship.
7. <b>Questioning and Problem Posing:</b> <i>How do you know?</i> Having a questioning attitude; knowing what data are needed and developing questioning strategies to produce those data. Finding problems to solve.	8. <b>Applying past knowledge to novel situations:</b> <i>Use what you Learn!</i> Accessing prior knowledge; transferring knowledge beyond the situation in which it was learned.
9. <b>Thinking and Communicating with clarity and Precision:</b> <i>Be clear!</i> Striving for accurate communication in both written and oral form; avoiding over generalizations, distortions and deletions.	10. <b>Gathering Data Through all Senses:</b> <i>Use your natural pathways!</i> Gathering data through all the sensory pathways—gustatory, olfactory, tactile, kinesthetic, auditory and visual.
11. <b>Creating, imagining, and innovating</b> <i>Try a different way!</i> Generating new and novel ideas, fluency, originality.	12. <b>Responding with Wonderment and awe:</b> <i>Have fun figuring it out!</i> Finding the world awesome, mysterious and being intrigued with phenomena and beauty.
13. <b>Taking Responsible Risks:</b> <i>Venture Out!</i> Being adventuresome; living on the edge of one's competence.	14. <b>Finding Humor:</b> <i>Laugh a little!</i> Finding the whimsical, incongruous and unexpected. Being able to laugh at oneself.
15. <b>Thinking Interdependently:</b> <i>Work together!</i> Being able to work with and learn from others in reciprocal situations.	16. <b>Remaining Open to Continuous Learning:</b> <i>Learn from experiences!</i> Having humility and pride when admitting we don't know; resisting complacency.

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